



HINTERLAND DANCE ACADEMY

EST. 1978

ENROLMENT PACK

"A dance education lasts a lifetime."



HINTERLAND DANCE ACADEMY
SUITE 16 / 3029 THE BOULEVARD,
FRENCH QUARTER AT EMERALD LAKES, CARRARA
PH: 0406 152 019
andrea@hinterlanddanceacademy.com
www.hinterlanddanceacademy.com

About Our Academy

Our focus:

ALL students at HDA are trained in classical ballet. This is without a doubt the main focus at our Academy. We do offer other dance styles and encourage versatility, however it is our policy that all our students have continued involvement with ballet as we feel it provides the essential technical foundation to any dancer's training. We feel solid ballet training gives students a basic movement vocabulary that is essential for other styles, therefore students must be enrolled in ballet before adding contemporary and jazz classes. From age 7 upwards, all students must attend a minimum of two ballet classes per week.

Dance Styles Offered:

- **Classical Ballet**
Studying classical ballet develops poise, confidence, coordination, and self-discipline. Very young dancers attend lessons once a week. Students from Grade 1 (usually age 7) to Grade 4 must attend 2 ballet lessons per week. Vocational Level ballet students must attend a minimum of 3 ballet lessons per week. We teach classical technique through the world-renowned Royal Academy of Dance syllabus. Students are prepared for RAD examinations at the discretion of the teachers.
- **Contemporary**
This style provides an extension to the classical technique and students must be enrolled in ballet classes to qualify for training in contemporary at HDA. Emphasis is on technique, movement qualities, and expressiveness. Students explore use of alignment, gravity, contraction, release and suspension.
- **Jazz**
Jazz dance is fast, fun, upbeat, and utilises a variety of popular music. Not only is it a good workout but it also provides students with good musicality, enhanced flexibility, a strong, confident stage presence, and the ability to think/learn quickly.

What class/level can my child participate in?

| <u>Class:</u> | <u>Age or Prerequisite:</u> | <u>Lessons per Week:</u> |
|-----------------------------|-------------------------------------|--------------------------------|
| Tiny Tots Ballet: | age 3-4 | 1 x 30min lessons (Tu or Sat) |
| Pre-Primary Ballet 1 | age 4-5 | 1 x 30min lessons (Sat) |
| Pre-Primary Ballet 2 | age 5-6 | 1 x 45min lessons (Th or Sat) |
| Junior Recreational Ballet | age 6-8 | 1 x 45min lessons (Sat) |
| Primary Ballet Exam | age 6+ by Jan 1 st | 2 x 45min lessons (M&Tu) |
| Grade 1 Ballet | age 7+ by Jan 1 st | 2 x 45min lessons (M&Tu) |
| Grade 2-4 Ballet | age 8-11 | 2 x 60min lessons (M&Tu) |
| Vocational Ballet Grades | at the teacher's discretion | 3 x 60-75min lessons (M,Tu&Th) |
| Grade 2-4 Contemporary: | attending Grade 2, 3 or 4 Ballet | 1 x 60min lesson (W) |
| Grade IF1&IF2 Contemporary: | attending IF1 or IF2 Ballet | 1 x 60min lesson (W) |
| INT/ADV Contemporary: | attending INT or ADV Ballet | 1 x 60min lesson (W) |
| Primary - Grade 1 Jazz: | attending Primary or Grade 1 ballet | 1 x 30min lesson (W) |
| Grade 2-4 Jazz: | attending Grade 2, 3 or 4 Ballet | 1 x 60min lesson (W) |
| Grade IF1&IF2 Jazz: | attending IF1 or IF2 Ballet | 1 x 60min lesson (W) |
| INT/ADV Jazz | attending INT or ADV Ballet | 1 x 60min lesson (W) |

General guide only, teachers reserve final discretion for class placements

Private Lessons

- Available for students who seek to gain specialised individual coaching, progress technically, learn a performance solo, and in some cases prepare for a career in the dance industry.
- We can tailor-make a program to suit the needs of the individual dancer. Please contact us for more info.
- Please note our private lessons are intended to be added in addition to regular weekly group lessons as a supplement to help students to progress. We do not offer private lessons instead of group classes.

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TIMETABLE

We have taken the time to carefully consider our timetable however some class times may still be subject to change.

studio 1

studio 2

studio 3

| | | | |
|------------------|--|---------------------------|-----------------------------------|
| Monday | | | 3:30-4:00 Private Lesson |
| | 4:00-4:45 Grade 1 Ballet | | 4:00-4:45 Primary Syllabus Ballet |
| | 4:45-5:45 Grade 3 Ballet | | 4:45-5:45 Grade 2 Ballet |
| | 5:45-6:45 IF1 Ballet | | 5:45-6:45 Grade 4 Ballet |
| | | | 6:45-7:45 IF2 & INT Ballet |
| | | | 7:45-9:00 ADV Ballet |
| Tuesday | | | |
| | 9:00-9:30 Tiny Tots Ballet | | 7:00-8:00 Stretch/Strengthen |
| | | | 3:30-4:00 Private Lesson |
| | 4:00-4:45 Pre-Primary 2a Ballet | | 4:00-4:45 Grade 1 Ballet |
| | 4:45-5:45 Grade 2 | | 4:45-5:45 Grade 3 Ballet |
| | 5:45-6:45 Grade 4 | | 5:45-6:45 IF1 Ballet |
| | 6:45-7:45 IF2 Ballet | | 6:45-7:45 INT Ballet |
| | | | 7:45-9:00 ADV Ballet |
| Wednesday | | | |
| | 4:00-4:30 Primary/Gr1 Jazz | 3:30-5:00 Private Lessons | 4:00-5:00 Grade 2-4 Contemp. |
| | 4:30-5:00 Private Lesson | | 5:00-6:00 IF1/IF2 Contemp. |
| | 5:00-6:00 Grade 2-3-4 Jazz | | 6:00-7:00 INT/ADV Contemp. |
| | 6:00-7:00 Grade IF1/IF2 Jazz | | |
| | 7:00-8:00 INT/ADV Jazz | | |
| Thursday | | | |
| | | | 3:30-4:00 Private Lesson |
| | | | 4:00-4:45 Primary Syllabus Ballet |
| | | | 4:45-5:45 IF1 & IF2 Ballet |
| | | | 5:45-6:45 INT Ballet |
| | | | 6:45-8:00 ADV Ballet |
| Friday | | | |
| | | | 3:30-5:30 Private Lessons |
| Saturday | | | |
| | 8:00-8:30 Tiny Tots b Ballet | | 7:00-3:30 Private Lessons |
| | 8:30-9:00 Pre-Primary 1a Ballet | | |
| | 9:00-9:30 Pre-Primary 1b Ballet | | |
| | 9:30-10:15 Pre-Primary 2b Ballet | | |
| | 10:15-11:00 Junior Recreational Ballet | | |

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Compulsory Uniform Requirements

BALLET

Tiny Tots, Pre-Primary, and Primary Ballet:

- Pink HDA logo leotard
- Pink HDA chiffon skirt
- Pink canvas split-sole ballet shoes with elastics (Our preference: Capezio - Juliet or Hanami)
- Theatrical pink ballet tights

Grade 1-4 Ballet

- Black HDA logo leotard
- Pink canvas split-sole ballet shoes with elastics
- Theatrical pink ballet tights
- Black canvas character shoes - Gr1&2 low heel / Gr 3 higher Cuban heel / Gr4 – not required

Vocational Ballet Grades (Inter Found, Intermediate, Adv Found, Adv 1, Adv 2)

- Black HDA logo leotard
- Pink canvas split-sole ballet shoes with elastic
- Demi-pointe shoes for Intermediates + for exams
- Pointe shoes (it is suggested to have 2 pairs available at any given time)
- Theatrical pink ballet tights
- Short black chiffon/mesh skirt optional

CONTEMPORARY AND JAZZ

- Black HDA logo leotard, singlet, or crop top
- Black HDA logo shorts, leggings, or black footless tights
- Bare feet for contemporary
- Beige leather split-sole shoes for jazz, (beige dance socks optional inside shoes for class)
- Skin-tone tights with stirrup or convertible foot may be required for performances

Accessories:

- No jewellery or watches allowed in dance lessons – with the exception of small stud earrings. Students will be asked to remove excess jewellery.

Hair for class:

- Hair must be secured in a bun at all times for ballet classes. Buns require elastic, hairnet, and usually about 8 pins placed North/South/East/West and then in the spaces. No large bows or scrunchies please.
- A ponytail is acceptable for other dance styles. Short hair/fringes must be kept off the face with a headband or secured with clips.

Standard requirements for the dance bag include:

- hair brush/comb
- hair accessories: elastics, hair net, hair pins, hairspray
- water bottle
- deodorant when applicable to age
- notebook for writing notes

HDA'S UNIFORM SHOP is located at the studio:

- Available items: HDA leotards, skirts, tights, singlets, crops, shorts, leggings, dance bags, hair kits
- We do not sell shoes however, so our recommended dancewear shop for shoes/accessories is:
Dance Desire
4/24 Central Park Ave, Ashmore, QLD
(07) 5564 5400

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Important Dates in 2021:

GRAND OPENING OF NEW EMERALD LAKES STUDIOS – Saturday 16/01/21 - Free classes available!
9:00-9:30 for ages 3-5, 10:00-10:30 Primary (age 6), 11:00-11:30 Grade 1-2 (age 7-9)
12:00-12:30 Grade 3-4 (age 9-11), 1:00-1:45 IF1/IF2/INT (age 11-13), 2:15-3:00 ADV (age 14+)

ENROLMENT DAY - Saturday 23/01/21 - Free classes available!
9:00-9:30 for ages 3-5, 10:00-10:30 for Primary

| Term Dates | First Day of Term | Last Day of Term |
|------------|-------------------|------------------|
| Term 1 | Wed Jan 27th | Thurs Apr 1st |
| Term 2 | Mon Apr 19th | Sat Jun 26th |
| Term 3 | Mon Jul 12th | Sat Sept 18th |
| Term 4 | Mon Oct 4th | Concert TBA |

Annual Concert

Each year in Term 3 and 4 we rehearse and produce a live performance event to showcase the students' achievements throughout the year. Each class learns a routine and all students are involved. This is definitely the highlight of the entire year as students are given the opportunity to wear costumes/stage makeup and feel like real professional dancers! We strive to go above and beyond to produce exceptional quality shows that incorporate state-of-the-art lighting, special effects, professional props / scenery, and multimedia elements.

Extensions in Dance

This program is designed for dedicated students who are ready to take on new challenges and extend themselves beyond regular lessons and exams. Dancers who attend weekly private lessons in addition to a full load of weekly ballet classes may be invited to participate in our Extensions in Dance midyear performance at their teacher's discretion. It's a great chance to get more stage time and performance experience!

Excellence Program

In an ongoing effort to support the students of HDA with continual opportunities to improve themselves whenever possible, we recognize the importance of setting up further pathways and guidance within HDA's program for students who may:

- show significant dedication and passion toward their dancing
- possess a certain level of natural ability, aptitude and potential in dance
- aspire to pursue dance professionally

The Excellence Program is only accessible by invitation to audition. It has been designed to nurture our most talented classical students, while expanding upon their talents, furthering their technical/artistic skills, and providing mentorship should professional dance be a pathway they wish to pursue. The program consists of an extra weekly non-syllabus ballet class to work on improving students' knowledge and technique. The class may be offered extra performance opportunities. Participation in these group classes is dependent upon already committing to a full load of RAD syllabus classes.

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Fee Structure 2021

Enrolment fee \$50/student/year

\$165 per term per each 30min lesson payable prior to the start of each term

\$185 per term per each 45min lesson payable prior to the start of each term

\$205 per term per each 60min lesson payable prior to the start of each term

\$225 per term per each 75min lesson payable prior to the start of each term

\$35 per 30min private lesson payable on the day of the lesson

\$50 per 45min private lesson payable on the day of the lesson

\$65 per 60min private lesson payable on the day of the lesson

All tuition fees include GST.

How and when to pay term fees?

- We email invoices 5 times per year. There are 4 terms per year and invoices are sent prior to the start of each term. The final (5th) invoice is sent a few weeks into Term 4 to cover concert costumes etc.
- Tuition Fees are charged as a flat rate per term, regardless of the number of weeks/term. Makeup lessons are not guaranteed and fees are non-refundable for missed lessons for any reason or if a student drops a class midterm. Please be mindful of this policy when booking holidays.
- All invoices are to be paid within 14 days of receipt. Charges may be incurred after this period, and/or accounts may be passed on to third party collection agencies.
- Accepted Payment Methods:
 - Our preference is Direct Deposit to our NAB bank account
 - EFTPOS Cheque/Savings/Credit
 - Cash (exact amounts please in labelled envelopes) placed in deposit box in reception

Beyond tuition, what other costs might be involved?

- \$50 enrolment fee per student per year to cover administration and insurances
 - \$35 concert/costume deposits per term. There is a place on the enrolment form to indicate that you agree to pay an additional \$35.00 each term that will be held by HDA as a deposit towards the additional expenses associated with concert participation at the end of the year. This really helps us to accumulate funds to start sourcing costumes in advance. Families pay these deposits throughout the year and enjoy receiving a smaller concert/costume invoice at the end of the year.
 - Appropriate uniform, tights and shoes for lessons
 - Costumes for the concert (1 per class), approximately \$65-90ea
 - \$35 compulsory concert t-shirt each year
 - All concert audience members are charged for admission to the show. (approx. pricing \$30-\$48 per ticket depending on venue)
 - Professional concert photos (\$10/image) and professionally edited concert DVDs (\$60ea) will be available for purchase in December
 - If applicable: RAD exam entry fees, hire of exam leotards/character skirts, fees for exam intensive week of extra lessons, private lessons
- * Prices subject to change - please contact Miss Andrea if you require current estimates.

Do we offer any discounts?

Yes - Students enrolled in all 3 dance genres (ballet/contemporary/jazz) are eligible for a 50% discount off jazz & stretch/strengthen tuition.

Are missed lessons refundable?

No - apart from exceptional cases such as serious illness. In Terms 1 & 2 we allow students to attend a lesson of the same genre/level as a makeup class if prior arrangements are made with Miss Andrea. Makeup lessons are not possible during Term 3 & 4 as it becomes disruptive to concert preparations. If dropping a class midterm, the remaining fees for that term are non-refundable.

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Other information for HDA dancers and families:

Arriving/Departing the studio: VERY IMPORTANT!

- Students should aim to arrive promptly for classes and should be picked up from reception promptly after class.
- We do not provide supervision/child minding before/after classes.

In the studios:

- Students are asked to please leave their dance bags on the shelves provided in order to keep our reception area tidy and their possessions safe. (Please no valuables)
- Absolutely no food or drinks allowed, except water, and no chewing gum in class.
- Students are encouraged to bring their own (labelled) water bottles to class. Teachers will advise appropriate times to drink. Water bottles must not be left at the dance studio or they will be discarded
- Please remove all outdoor footwear prior to entering the dance studio space.

Communication:

- HDA mainly communicates with its dance families via email. We will send invoices, notices, and reminders from time to time, so be sure to provide your updated email address. Other studio news can be viewed on Facebook & Instagram.

Parent Viewing:

- Pending COVID-restrictions, parents are invited to watch lessons during the last week of terms 1 & 2. You will be notified of exact dates/classes by email. In the case of very young students who are apprehensive, we can allow parents into the studio if absolutely necessary until students are confident enough to participate on their own. If this persists beyond a week or two it may be suggested that the student wait to enrol once they are older and feel a little more confident. We do not hold parent viewing days during Term 3 or 4 as we will be busy working on concert dances at that time of year.

Warm-Up:

- A proper warm up before a class or performance is essential in order to prepare the body and mind for the activity to come. Warming up reduces the risk of injury and improves the quality of the performance. Older students are expected to do their own pre-class warm-up.

Absence from Class:

- Regular attendance is expected of all students. If a student will be missing from a class it is their (or their guardian's) responsibility to inform the instructors of each absence in writing with as much notice as possible. In last minute situations, a text is a kind courtesy and keeps us from worrying.

Respect and Behaviour:

- Students are expected to treat their peers and their instructors with the utmost respect. Students' behaviour will be constantly monitored and if deemed unacceptable by instructors the student will not be permitted to continue the class.

Lost and Found:

- All students must take full responsibility for any personal items brought to the dance studio. The staff at HDA will not be responsible for any lost or stolen items.
- All lost and found items will be donated or discarded if unclaimed in a timely manner.

Questions and Concerns:

- Nobody knows a child better than his/her parent. If at any time any questions arise, please do not hesitate to discuss them with us. Please aim to call/email on weekdays before 2pm

Hinterland Dance Academy Liability Terms and Conditions:

Upon submitting enrolment forms, parents/guardians signify that they agree to the following terms and conditions:

Parents/guardians must accept that dance is a physical activity where there is risk of personal injury from various causes, including accidents or over-exertion and they must accept full responsibility for their child's health and wellbeing whilst participating with Hinterland Dance Academy.

Parents/guardians must release Hinterland Dance Academy and its staff from all liability in case of injury or accident.

Parents/guardians must give consent to HDA staff to provide basic first aid assistance for their child if necessary.

Parents/guardians must understand and accept that occasionally a gentle hands-on approach for placing a student's body in the correct position may be necessary in the teaching of dance.

Parents/guardians must understand and accept that it is their own responsibility to supervise their child in the reception area, stairwell, and outdoor areas before/after lessons and parents/guardians will be physically present and supervising their child directly before/after classes for the safety of their child.

Parents/guardians must understand and accept that fees are charged as a flat rate per term and that makeup lessons are not guaranteed and fees are non-refundable for missed lessons (example due to going away on holiday or if a child drops a class midterm).

Parents/guardians must consent to their child being photographed and/or filmed for class educational and training purposes, for any newsletters that may be emailed to other HDA families, and also during performances.

Parents/guardians must give permission for photos/video of my child to appear in advertising material for the Academy, including social media posts.

Parents/guardians must read all info in the Academy's Enrolment Pack and must assist in maintaining the standards described.